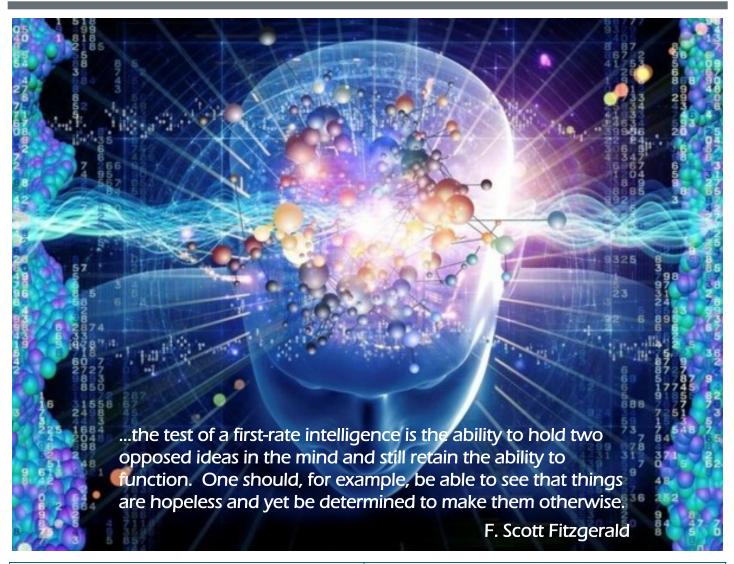
# CONNECTIONS

July—September 2018



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## PRESIDENT'S COLUMN





Michelle Kenefick, LCSW, SEP President, Connecticut Chapter

It is with immense pleasure and humility that I write to you as the newly elected President of the NASW CT Chapter. My name is Michelle Kenefick and I have served for the past three years on the NASW CT Board of Directors. Before telling you more about myself, I'd like to extend an enormous amount of gratitude to Kurt Fuchs, LCSW, our outgoing President who has championed many initiatives in his tenure as Board President over the past two years. I intend to honor his contributions by continuing the important work of representing CT's Social Workers and Social Work students as well as the people we serve. I am beyond grateful for Kurt's leadership, mentorship and for his gracious agreement to continue supporting the Membership Committee as the chairperson.

I began working in the field in 1989 and have had the privilege of working in a wide range of settings, in four different states with children and families in crisis and in adult psychiatry. Eight years ago, I began a private practice specializing in the transformation of trauma and vicarious trauma. I am certified as a Somatic Experiencing Practitioner and a Faculty Trainer for the Traumatic Stress Institute of Klingberg Family Centers. My experience as a clinician, an administrator, a trainer and workshop leader, a field instructor for several universities and an adjunct professor at Fordham University offers a unique perspective that I hope will guide me in meeting the diverse needs and goals of our Chapter.

Like Kurt, my connection to NASW CT began when I was a student in my first Social Work course. I was inspired by my first professor who spoke about membership as being vitally important for us as students, professionals and for those we work with. He was passionate and informed and taught us how the Chapter works on our behalf to advocate for us as professionals: offering information and education about the value of Social Work education and the profession, carefully and thoughtfully explaining the differences in our training and how the Code of Ethics shapes how we interact with those we serve, our colleagues, our communities and the world. His words ring truer to me today than they did then as I consider the implications for children and families at our borders, those fleeing war ravaged countries afar and when I think of the violence that pervades our culture - in schools, movie theatres, clubs and neighborhoods, and again, when I consider that the color of your skin, your gender, religion or sexual orientation continues to place you at unmitigated risk.

Your membership means that we can continue to move our profession forward in meaningful ways. To that end, for the next year we will be working diligently toward obtaining Title Protection for CT's Social Workers. This is a huge undertaking and a critical next step in ensuring that the rigorous training and supervision that Social Workers receive is acknowledged and protected. Title protection means that anyone referring to themselves as a Social Worker could do so only with having achieved a degree in Social Work from an accredited school of Social Work and / or those holding a license or provisional license to work as a Social Worker in the State of Connecticut. The net result of having title protection means that consumers who are working with a Social Worker can feel confident that they are working with a skilled professional who is guided by our Code of Ethics; employers can feel confident that they are hiring a well trained professional and it gives us a platform to educate the public and the media



about the value we bring with our specific focus on service, social justice, advocacy and building connection. Our training in Social Work enables us to affect change – on the micro, mezzo and macro levels – we can and do make a difference every day!

Sometimes I hear colleagues question why they should pay membership dues. Here are some reasons: your involvement with the Chapter has led to important legislative accomplishments such as achieving a tiered licensing structure which places LMSW's at a distinct advantage in the hiring process. We hope to expand opportunities for LMSW's to be able to work in private practice under supervision and be eligible for insurance reimbursement. Your membership dues also helped NASW to successfully advocate for and prevent major budget cuts that would have negatively impacted thousands of lower income parents, families, seniors and people with disabilities. Additional successes legislatively included maintaining the budget for School Based Health Clinics and passing responsible gun legislation related to bump stocks to name just a few. There were many more accomplishments and there is much work left to do. We will continue to focus on advocating for Paid Family and Medical Leave, strengthening mental health parity, defeating any bills that infringe on Social Work practice and strenuously advocate and lobby for the protection, health and wellness of CT's most vulnerable citizens.

Please consider joining us – there are many opportunities to volunteer with a committee or for an event. This is one way to have a rewarding experience and find a closer connection with the Chapter while enjoying a low time commitment. There are 2 newly established committees – Diversity and Addictions. Please explore these opportunities by contacting the Chapter office for details on meeting times and contact information. And remember we also gather in May every year

for a conference where you can connect with colleagues and obtain valuable trainings while earning CE credits.

And finally, encourage your colleagues to join or re-join NASW CT – your involvement, leadership and mentorship can result in longstanding positive change!

I am proud and privileged to be your next NASW CT President. I am honored to be able to serve alongside Steve Karp, LMSW who has dedicated 30 years of his career to ensuring that Social Workers are represented with unparalleled care and advocacy. We have several newly elected Board members who are enthusiastic, skilled and dedicated to our mission. We are committed to ensuring that we represent you and those you serve. Please reach out – we'd love to hear your thoughts, ideas and comments about how we can continue to improve the services we offer to you and through you.

And, in the spirit of self-care... Take a few minutes today to think about who you are outside of your professional role and familial role. If I asked you to introduce yourself without saying where you work or what you do and without identifying a role within your family – what would you say? Often, I find that we are so focused and busy with our families and our jobs, that we forget who we are underneath those roles and responsibilities. I encourage you to go on an excavation trip – to discover or re-discover who you are. Did you forget a hobby you used to enjoy? Pick it up again. Practice introducing yourself outside of those roles and responsibilities. I think you will find unexpected joy as you unearth those unique pieces that make you, you!

Until next time, take good and gentle care.

## **EXECUTIVE DIRECTOR**





## **Summer Musings**

Steve Karp, LMSW

Executive Director

Connecticut Chapter

When I first started at NASW/CT the summer months were quiet. Deadly quiet and slow some days. Like the phones did not ring and we would close the office an hour early. These days life in the office is a tad slower than other months, but never without calls and emails. Summer months used to be when we reflected on the Association, our work and what we wanted to change and/or improve. Now it has become a time to take a quick breath, take some vacation time and get back to the business of running the Association's state office. Sadly life is busier for all of us. I hear it from social workers throughout the state. Many have agency work and part-time private practices. Others teach part-time when not at their full-time jobs. Too many of us are bringing home laptops. Don't have a laptop? No problem, just check your smart phone. Do you remember when we were promised technology would free up our time for relaxation? Instead we are connected 24/7 if we let ourselves be that. I remember once getting a phone solicitation for a car phone, the sales pitch being I can be in touch with my office whenever I am on the road. I asked the salesperson "why would I want that?" Now my car has Bluetooth and the CD player shuts down when a call comes in. Well to tell you the truth I am tired. So I have done my best to take a few long weekends and a partial week off. Come July 19<sup>th</sup> I am out of here until August 6<sup>th</sup>. No calls, no emails. I can't wait! I hope you have had or will be finding time to refresh your body and mind.

We have a lot to do this fall and we need to be ready.

Speaking of the fall, NASW/CT PACE has hired a PACE organizer to work 10-15 hours per week mobilizing members around the elections. (How was that for a segue?). We have an extremely important Governor's race that will have stark differences of governance of the state between whichever two candidates major party candidates win the primary. There is also an open seat for Attorney General plus all of the state senate and house is up for re-election. Plus a U.S. Senate race and five U.S. House races. For social workers and the populations we work with and for, the stakes are VERY HIGH. Connecticut continues to face significant deficits and how the budget is balanced will depend on who is elected. I urge you to do three things between now and Election Day:

- Commit to volunteering for the candidate of your choice at least once (tell them you are a social worker because when they get elected and NASW goes to lobby them it helps!).
- Ask any candidates you meet to support Social Work Title Protection.
- VOTE ON ELECTION DAY.

NASW/CT will be reaching out to members in state districts where we have endorsed candidates and I expect we will endorse in the Governor's race so we will be calling upon all of you to help. Please respond as generously as you can with your time. Remember it is easier to elect the right person than to try to change the mind of the wrong person. The time you give now will be paid back in our ability to do our work, including having the resources necessary for that work in the coming years until the next elections. And for those of you who are now all geared up, CT PACE does accept donations to help us pay for our election work. Checks made out to CT PACE should be sent to the Chapter Office.



## Musings, continued

Talking about Title Protection (another seque, I am on a roll), our Board of Directors has voted unanimously to introduce legislation in 2019 that would require the job title of Social Worker be only given to employees who have a social work degree from a CSWE accredited program and that only individuals with such a degree can refer to themselves publicly as a social worker. Title protection is something that members have clamored for since I first became executive director in 1999. Back then the only law governing social work was the Certified Independent Social Worker (CISW), the weakest legal regulation for social work in the country. So title protection was at the back of the list. We first had to get third party reimbursement (1990), confidentiality of social work records (1992), full licensure (1995) and in 2010 we finally passed legislation to license new graduates as all but a handful of states had long done. Along the way we had several smaller victories such as being part of the LLC and PC law. At the same time, and up to the 2018 session, we had numerous threats to our practice that had to be defeated, including keeping our license valid in agency settings, which ended up in a compromise

that exempted nursing homes and gave us continuing education for license renewal. Once all of these laws were in place folks pressed me to support title protection. But I resisted, and won out, for I was convinced the State of Connecticut, that misuses the title the most, would simply change the title of social worker to another title and continue to hire non-social workers. I did not want to give the state an out. So we held off in hope that we would have an administration that would support the hiring of BSWs and MSWs for a job called Social Worker. Well come January 2014 we did it, securing preference in hiring for BSWs and MSWs. Since then we have been putting aside funds to cover the cost of a lobbying firm at \$24,000 per year with the expectation that it will be at least a two-year campaign to get our bill passed and signed into law. I am ready and I hope you are too.

On a final note, the next executive director's column will have a new author's name. No I am not leaving, I am marrying. So look for the E. D. column from Stephen A. Wanczyk-Karp, LMSW. I am getting a bunch new consonants but only one added vowel.

## **MOTTO FOR ADVOCACY**

When the federal government is unresponsive work with the state government. When the state government is unresponsive work with the county government. When the county government is unresponsive work with the municipal government. And when it is election time work with the candidates that will make government responsive again.

And always be a persistent little bugger!



# Salary Comparison for Social Work Fields and Other Related Fields

The U.S. Government's Bureau of Labor Statistics (BLS) issues State Occupational and Wage Estimates for most jobs, by state. The following is the data on estimated Annual Salaries for Social Workers, from May 2017 (latest figures). Please note that the way the BLS categorizes positions may differ from the definitions that the various professions may utilize.

#### In Descending Order

Healthcare Social Workers	\$69,840	
Child, Family & School Social Workers	\$67,780	
Mental Health & Substance Abuse Social Workers	\$62,800	
Social Workers – All Others	\$61,000	
Marital & Family Therapists	\$58,080	
Counselors – All Others	\$51,000	
Substance Abuse, Behavioral Disorder,		
& Mental Health Counselors	\$50,030	

For more wage data from the BLS on these positions go to <a href="https://www.bls.gov/oes/current/oes">https://www.bls.gov/oes/current/oes</a> ct.htm and scroll down to sections 21-1013 – 21-1029.

## NASW/CT Comments on 2020 Census Question

The proposed questions for the 2020 Census includes one on whether the person completing the form, or others in the household are citizens. This is a new question that has not been sought in the past and many groups (including our Chapter) and individuals strongly oppose asking about citizenship.

In written comments to the Commerce Department, NASW/CT expressed our concern about not having a fair and accurate Census if respondents must put down their citizenship status. We believe that adding an untested question, especially in the current environment in regards to immigrants, will lead to an undercounting of residents.

Census data is used in a wide range of ways, including determining the number of U.S. House members each state is allocated and directing of at least \$800 billion in federal assistance to states, localities and families. The date is also a guide for both government and the private sector to make decisions on services, investments and much more. Even without the citizenship question many community leaders are concerned that residents will not respond to the Census as immigrants feel under attack and may be fearful of completing the census forms.

Communities that are of the greatest risk of being undercounted are those with significant populations of persons of color, young children, and low income households. Any undercount will negatively impact on the communities that are undercounted. For these reasons the Chapter has called upon the Commerce Department to drop the proposed citizenship question from the 2020 Census.



# NASW/CT Protests Social Work Cuts in Farmington Public Schools

The Farmington Public Schools have begun to replace school social workers with school psychologists. This process is occurring as school social workers leave their positions. So far two elementary schools have lost the school social worker in their schools, in both cases being replaced by a school psychologist.

In a strongly worded letter to the school superintendent and members of the school board, NASW CT made the case for maintaining school social workers. The letter pointed out that school social workers are the one discipline in the school system that proactively addresses academic barriers within the student's home, school and community. The chapter also wrote to all of the NASW members in Farmington, urging them to contact the school board and to write letters to the editor of the local papers so as to bring to light the actions being quietly taken by the school system.

The Chapter's letter went on to state "According to the National Mental Health Association, less than 1 in 5 of the 12.5 million children in need of mental health services actually receive them. Many of these children will not achieve academic success due to social, emotional and behavioral problems affecting school performance. School social workers can help these students through means of prevention, early identification, intervention, counseling and support. School social workers address issues of bullying, crisis intervention, drug use, counseling, conflict resolution, issues of selfesteem, child neglect and abuse, working to connect students with needed services, and the list goes on. These are services that benefit the student, the student's family, teachers, and administrators. However services once dismantled are not easily gained back and school systems that have reduced or eliminated school social workers quickly find that they need the social workers and ultimately have the expense of rehiring social work

staff. Four years ago Avon Public Schools replaced their social workers with school psychologists. Three years later (2017-18 school year) Avon Public Schools brought back school social workers as they realized that school psychologists complemented but did not fulfill the roles of a school social worker.

The Child Health and Development Institute of Connecticut, the Sandy Hook Advisory Commission and the Keep the Promise Coalition all have endorsed expansion of school social work services to address the mental health needs of school children. It would be most unfortunate if the Farmington Public Schools chooses to continue to move in reverse of these well founded recommendations."

NASW/CT recognizes the importance of school psychologists, however they do not function in the same capacity of school social workers. The two professions complement each other, but are not interchangeable parts. Often (as reported by students) when middle school and high school students are told they need to see the school psychologist there is resistance to seeing a psychologist. Interestingly, students do not report the same about school social workers.

Following the Chapter's letter our executive director had a positive conversation with the Special Services Director in Farmington. It was agreed that school social work services are a necessary part of the mental health team and that the Chapter would assist in advocating for additional school social workers in the next budget request.

Avon and Wallingford have eliminated or reduced school social workers only to discover they needed them and rehired. If you know of other school systems that have reduced or eliminated school social work positions than restored school social work positions please let Steve Karp know at skarp.naswct@socialworkers.org



## **Key Provisions of the CT Law on Telehealth**

Note that language in parenthesis will no longer be in effect as of October 1, 2018 and language underlined will become effective as of October 1, 2018. LCSWs and LMSWs are covered by this law.

"Telehealth" means the mode of delivering health care or other health services via information and communication technologies to facilitate the diagnosis, consultation and treatment, education, care management and self-management of a patient's physical and mental health, and includes (A) interaction between the patient at the originating site and the telehealth provider at a distant site, and (B) synchronous interactions, asynchronous store and forward transfers or remote patient monitoring. Telehealth does not include the use of facsimile, audio-only telephone, texting or electronic mail.

A telehealth provider shall only provide telehealth services to a patient when the telehealth provider: (A) Is communicating through real-time, interactive, two-way communication technology or store and forward technologies; (B) has access to, or knowledge of, the patient's medical history, as provided by the patient, and the patient's health record, including the name and address of the patient's primary care provider, if any; (C) conforms to the standard of care applicable to the telehealth provider's profession and expected for in-person care as appropriate to the patient's age and presenting condition, except when the standard of care requires the use of diagnostic testing and performance of a physical examination, such testing or examination may be carried out through the use of peripheral devices appropriate to the patient's condition; and (D) provides the patient with the telehealth's provider license number and contact information. At the time of the telehealth provider's first telehealth interaction with a patient, the telehealth provider shall inform the patient concerning the treatment methods and limitations of treatment using a telehealth

platform and, after providing the patient with such information, obtain the patient's consent to provide telehealth services. The telehealth provider shall document such notice and consent in the patient's health record. If a patient later revokes such consent, the telehealth provider shall document the revocation in the patient's health record.

Each telehealth provider shall, at the time of [each] the initial telehealth interaction, ask the patient whether the patient consents to the [telehealth's provider] telehealth provider's disclosure of records concerning the telehealth interaction to the patient's primary care provider. If the patient consents to such disclosure, the telehealth provider shall provide [such] records of all telehealth interactions to the patient's primary care provider, in a timely manner.

Any consent required under this section shall be obtained from the patient, or the patient's legal guardian, conservator or other authorized representative, as applicable.

The provision of telehealth services and health records maintained and disclosed as part of a telehealth interaction shall comply with the

provisions of the Health Insurance Portability and Accountability Act of 1996 P.L. 104-191, as amended from time to time.





## **Members in the News**





Jennifer Bennett, LMSW, has been elected President of the Connecticut Association of Senior Center Personnel. Jennifer has been active in NASW on the Board of Directors, Aging Committee, Annual Conference Planning Committee and Executive Committee. She is the Chapter's newly elected First Vice President.

Joy Hollister, LMSW, is the newly elected President of the Connecticut Local Administrators of Social Services (CLASS). NASW/CT works closely with CLASS on a variety of legislation impacting on low income populations. Joy is the chairperson of the Chapter's Aging Committee.





**Stephen Karp, LMSW,** was in the NASW News under Social Work in the Public Eye for his advocacy to protect Medicaid HUSKY A from the budget axe. Steve was quoted at a press conference covered in the CT Mirror, an online newspaper read by most policy makers, and on TV 61 coverage of the press conference.

Eric Rodko, LMSW, has become the new President of the Middletown Rotary Club for the 2018-2019 year. The Middletown Rotary Club has been in existence since 1925. Eric is a member of the Chapter's Aging Committee.





## Social Work Practice Standards Upheld

In what was a total surprise to all affected, the Department of Social Services (DSS) issued a policy statement on supervision of LMSWs in agencies that accept Medicaid. The proposal that was issued in early June, with an effective date of July 1, 2018, allowed for LMSWs to be supervised by Physician Assistants and required that the LMSWs supervisor assessed the LMSWs work by including a performance assessment in the client chart along with the supervisor's

signature included on each entry. The agencies had no warning or indication that this was being planned, nor did we at NASW/CT have any notice or consultation by DSS prior to issuing the policy notice.

Both the CEO of a behavioral health agency and a Chapter Board member were first to notify NASW/CT. It became

immediately clear that this policy had to be rescinded and that we had just under a month to stop it from implementation.

NASW/CT quickly took action, in collaboration with Wellmore Behavioral Health and The Alliance: Voice for Community Non-Profits, to protest to DSS. The Chapter sent a letter to the DSS Commissioner, with copies to DPH, the Governor and Lieutenant Governor and key legislators, outlining our objections in strong and persuasive language. Plus, through the Chapter's lobbyists, our letter was brought to the attention of a Deputy Commissioner of the Office of Policy and Management (OPM). Our letter was quite

effective as OPM alerted DSS to our concerns and shortly thereafter DSS withdrew the policy.

One of the roles of NASW is to uphold practice standards of social work. In this case we were defending the LMSW statute that specifically spelled out who may supervise LMSWs (physicians are in the list but not physician assistants). We also were defending the right of LMSWs to have their performance assessments

kept confidential and limited to those who are directly involved in employee assessments. To have such information in a client chart where another worker and/or the client has the right of access, is totally unacceptable to us. Plus we objected to LMSWs being the only profession for which this ill-conceived policy would be applied.



In less than one week, opposition to the policy, led by NASW/CT, achieved the goal of having DSS rescind the policy. Assurances have been given to NASW/CT that a revised version will apply to all clinicians requiring supervision and will remove all of the provisions that NASW/CT objected to.

Over the years the Chapter has dealt with many threats to the professional practice of social work and to social work licensure. With few exceptions we have been successful, but never before has it taken less than a week! This exemplifies the importance of having a strong professional association that is built on membership.



## **Title Protection Campaign Authorized**

The NASW/CT Chapter Board of Directors, at its June meeting, approved initiation of a legislative campaign to **pass social work title protection in the 2019 legislative session**. At least 35 states have some form of social work title protection in states statute.

Title protection means that only those persons who hold a social work degree of BSW, MSW or DSW can use the title of Social Worker to describe themselves or have such title given through employment. This will assure that the public is not misled as to the training of a person who holds the title of social worker. It also means that the public will not have their impression of social workers made by media naming non-social workers as social workers based on the person's title.

Despite the logic and what would appear as a no brainer of such a request of title protection, there are many potential obstacles to successful passage of a bill that a Governor will sign. The Department of Administrative Services, responsible for personnel matters and job classifications utilizes the title of "Social Worker" for a classification of workers, primarily in DSS & DCF. We do not know if DAS will be willing to apply the title to only those employees who hold a social work degree, or change the job title. Overcoming a Department's objections is not an easy task. To deal with this, many states exempt the public sector from title protection laws, which is not our preference.

Another unknown is how the state employee union that represents the social worker job classification will feel about title protection. Likewise, we do not know what position may be taken by municipalities that use the title of social worker. The "out of the woodwork" effect applies too. There is a large number of individuals who have the title of social worker but not the degree in social work. To the extent that such individuals learn of the legislation they may raise opposition.

It is unknown how our sister professions will react. LMFTs and LPCs in particular may want to have their own title protection and either try to be added to the bill or introduce their own legislation. Psychology has title protection in statute already.

Additionally, we will need to educate legislators as to why the degree matters, that social work is a profession, and why we need title protection. Education of legislators will be a huge task that is best accomplished by directly hearing from their social worker constituents, and other supporters. If we can identify persons assisted by professional social workers, it would go a long way to convincing legislators, especially legislators who may see our request as self-serving.

We do have many advantages going into the 2019 session. Title protection has long been sought by our members (and I assume non-members) who have the enthusiasm to see title protection bill become law. We have the knowledge of how to mobilize social workers to lobby their legislators. We have a very experienced and respected lobbying team in Gallo & Robinson. We have many "friends" amongst legislators and depending on the election will likely have at least 4 social worker legislators. So far, thirty-five states have been identified as having some form of title protection that shows legislators it is a common practice throughout the country. The CT PACE candidate questionnaire will ask candidates if they support title protection and if "yes" we will ask those legislators to co-sponsor the bill, giving us early support.

One of our interns has researched other states' laws so we have good data on examples of statutory language and scope. This summer, Chapter representatives will begin to meet with key players to assess the political landscape. Once the elections are over we will begin to make contact with legislators who can be influential in the introduction and stewardship of the legislation. Once legislative committee members are appointed, we will seek bill sponsors, preferably by an experienced legislator serving on the committee of cognizance.

The expenses of the title protection campaign, including lobby-ists fees as contracted lobbyists is essential in negotiating the legislature, are estimated to cost \$23,000-\$27,000. Most of these costs will have to come from fundraising and the Chapter's financial reserves. It is common to have to introduce a bill for more than one legislative session, each time at the same cost. Because of this, NASW/CT will be conducting fundraising starting this fall. When contacted, please give as generously as you can, or if you prefer, donate now through the NASW/CT website or by mailing checks directly to the Chapter office.

Title protection is the number one professional issue that the Chapter staff and leadership get requests for from the member-

ship. NASW/CT has passed many needed professional issues. Now is the time to get title protection accomplished and working together, with every legislator hearing from numerous constituents, we seek to make it a reality in 2019!





#### **Call For Nominations**

#### NASW/CT ANNUAL AWARDS 2018

LIFETIME ACHIEVEMENT AWARD ∞ SOCIAL WORKER OF THE YEAR STUDENT OF THE YEAR, MSW & BSW ∞ EDUCATOR OF THE YEAR LEGISLATOR OF THE YEAR ∞ PUBLIC CITIZEN OF THE YEAR

The Connecticut Chapter of NASW annually honors individuals who have made valuable contributions to the social work profession. Anyone who appreciates a Social Worker is eligible to make a nomination. NASW/CT's 2018 Annual Awards Dinner Committee considers all the nominations and the selected honorees are recognized at the Annual Dinner. The awards give the Chapter an opportunity to show appreciation to the members of the profession who exemplify the commitment, spirit, advocacy, and integrity of a social worker. Those wishing to resubmit past nominations are encouraged to do so.

#### **Criteria for Awards**

The **LIFETIME ACHIEVEMENT** award is given to a person having a career-long history of exemplary performance representing the mission of social work and notable participation in NASW. She/he should be a role model to other social workers.

The **SOCIAL WORKER OF THE YEAR** should have made a recent outstanding contribution to the profession. She/he should demonstrate exceptional qualities that make her/him exceed the expectations of her/his job.

The **STUDENT OF THE YEAR**, either a MSW or BSW student, should have an above average academic record in addition to having made noteworthy contributions to the professional community beyond the expectations of the field experience. May include students who graduated in 2017.

The EDUCATOR OF THE YEAR award is given to an educator who has excelled in the field of social work education.

The **LEGISLATOR OF THE YEAR** award is given when a legislator demonstrates outstanding leadership and commitment to social and economic justice.

The **PUBLIC CITIZEN OF THE YEAR** award is given to someone who is not a member of the social work profession but who has advanced the profession's aims or ideals.

#### All nominees must:

- Be a member of NASW/CT in good standing (with the exception of the Public Citizen of the Year and the Legislator of the Year);
   demonstrate notable ability to take a leading role in contributing to the growth and development of the social work profession; and stimulate the contributions of others. NASW/CT Board Members are not eligible for consideration.
- Contribute to the positive image of the social work profession.
- Effectively integrate experience and education to promote the development of social work practice to meet human needs.
- Represent the professional ethics of social workers as defined in the <u>NASW Code of Ethics</u>.
- Demonstrate a willingness to take risks for improved social services.

#### **To Submit Nominations**

Send to: NASW/CT, 2139 Silas Deane Highway, Suite 205, Rocky Hill, CT 06067

#### ALL NOMINATIONS MUST BE RECEIVED by 9/28/18 \*\*\*\*\* Dinner will be held on 11/29/18

#### Nominations should include:

- A statement explaining why you are nominating the individual AND the award for which the candidate is being nominated. (Please include clear and specific description of the nominee's outstanding contributions)
- Supporting documentation (i.e. letters of support from colleagues, newspaper clippings, AND her/his resume or c.v.).
- The **CANDIDATE**'s name, place of employment, address and phone.
- YOUR name, address, and phone number.



### **Annual Awards Dinner—Save the Date!**





SAVE THE DATE!
Annual Awards Dinner
November 29, 2018

Inn at Middletown
70 Main Street
Middletown, CT 06457
Submit Your Nominations by 9/28/18

Consider your educators, your mentors, your colleagues, and those in the community who are making a difference in the lives of others and nominate them for an award this year. You'll find the Call for Nominations in this issue of the newsletter. We are seeking nominations for a BSW Student, a MSW Student, a Social Work Educator, and a Public Citizen, as well as a Social Worker of the Year and a person to receive the 2018 Lifetime Achievement Award. Students may include those who graduated in 2018. Nominees, with the exception of Public Citizen, must be NASW/CT members in good standing who have contributed to the social work profession and exemplify the commitment, spirit, advocacy, and integrity of a social worker. We ask that you submit your nominations by September 28, 2018 to NASW/CT, 2139 Silas Deane Highway, Suite 205, Rocky Hill, CT 06067.



## **Voices of September 11th (VOICES)**

Voices of September 11th (VOICES) provides longterm support services and access to resources and mental health care for thousands of 9/11 families, survivors and responders; commemorates the 2,977 lives lost and leverages their expertise to assist communities impacted by other acts of terrorism and mass violence, in the United States and abroad.

In 2011 VOICES furthered their support of the 9/11 community through their work with the Centers for Disease Control by promoting awareness about the World Trade Center Health Program (WTCHP) Centers of Excellence. VOICES staff assists survivors and responders in accessing medical and mental health treatment for conditions due to their exposure to toxins in Lower Manhattan in the aftermath of the attacks.

On 9/11 and in the days and months following the attacks, over 400,000 individuals who lived, worked or went to school in the area as well as those who worked in the recovery effort may have been exposed to dangerous toxins. Were you or your clients one of them? If so, you may qualify for medical and mental health treatment through the WTC Health Program. Over 40,000 responders and survivors are experiencing serious medical health conditions and lifethreatening illnesses, including most cancers as a result of their exposures to toxins.





The WTC Health Program provides medical monitoring and treatment for responders, and treatment for survivors, residents, and students who worked, volunteered, lived, or attended school at or near the WTC and related sites in NYC, the Pentagon, and Shanksville, Pennsylvania, on 9/11 at no out-of-pocket cost. Those now living outside the NYC area have access to a nationwide network of providers.

#### Benefits include:

- Annual medical examinations
- Medications for WTC-related health conditions
- Treatment services for approved health conditions that cause problems like:
- ⇒ Trouble breathing with wheezing, such as asthma
- ⇒ Being less able to do what you normally do without becoming short of breath
- ⇒ Frequent sinus problems, such as constant cough
- ⇒ Frequent nose and throat irritation
- ⇒ Stress related illness, anxiety, and depression



## Voices, continued

#### You may be eligible if you:

- Worked or volunteered onsite in rescue, recovery, demolition, debris cleanup or related support services in lower Manhattan (south of Canal St.), the Staten Island Landfill, or the barge loading piers
- Took part in the rescue, recovery, demolition, debris cleanup, or other related services after the terrorist-related air crashes on September 11, 2001, at the Pentagon in Arlington VA, or the passenger-jet crash site in Shanksville, PA

The staff at Voices of September 11<sup>th</sup> is available to assist you and answer any questions. Contact us at 203-966-3911 or visit our website at <a href="https://www.voicesofseptember11.org">www.voicesofseptember11.org</a>.

In addition to the WTCHP, VOICES supports survivors, responders, and families through varied initiatives. VOICES has provided over 160,000 hours of social work support services including referrals, individual consultations, case management, support groups, assessments, and screenings.

VOICES has hosted over 26 conferences and dozens of workshops. In advance of the September 11 anniversary, VOICES hosts an annual September 9 Resiliency Symposium and a September 10 Day of Remembrance Information Forum, bringing together 9/11 families, survivors and responders as well as leading researchers, clinicians and service providers working in the field of trauma. Both events are held at the Marriott Downtown Hotel located at 85 West Street in New York City. All are invited to attend and can register at

www.voicesofseptember 11.org or by calling 203-966-3911.

The team at VOICES has also engaged in scientific research projects to explore experiences

and best practices, including "Investigating the Long-term Impact of Bereavement due to Terrorism: Factors that Contribute to Trauma, Grief, Growth and Resilience." VOICES conducted the study in collaboration with the Center for the Study of Traumatic Stress at the Uniformed Services University and the Canadian Resource Centre for Victims of Crime. Family members who lost loved ones on 9/11/2001 and in the 1985 bombing of Air India Flight 182 that crashed off the coast of Ireland participated in the study. Its findings provide insights into the long-term needs of victims' families.

VOICES Center of Excellence for Community Resilience initiatives bring together public-private partnerships with like-minded subject matter experts, academics, educational institutions, organizations and government agencies. By sharing lessons learned and working collaboratively, VOICES educates professionals working in the fields of victims' services, mental health, emergency management and law enforcement about the long-term needs of victims' families and survivors.

For more information about VOICES work or about how to apply to the World Trade Center Health Program, call 203-966-3911 or visit www.voicesofseptember11.org.







Presents 4 Workshops for CECs-

State-of-the-art Practical Applications for Psychotherapy 3-3 credit workshops on Thursday evenings—5:30 to 9 pm 1-6 credit workshop - Friday or Saturday 9:30 to 4 pm

Topics Include but are not limited to: mediumship, the paranormal, psychedelics, Transpersonal Psychology, Mindfulness, CBT, yoga, energy healing, Quantum Cognition, Egoic-Mind Paradigm, Buddhism, ACIM, evolutionary perspective, chakra – balancing, and Consciousness-raising practices.

For details and registration links visit the NASW
CEC calendar, https://celestialempowerment.com,
Or call Celeste 860-586-8700



Whether you're looking for a new job, or ready to take the next step in your career, we'll help you find the opportunity that's right for you.

Visit http://careers.socialworkers.org/

Offices/jobs (860) 447-2047: PsychologyCT.com

## **PACE Election Organizer Hired**

In preparation for the 2018 congressional and state elections CT PACE has hired Leianna McIntire, MSW as our Elections Organizer. Leianna has her BSW from University of Saint Joseph and MSW from the UCONN School of Social Work. She is also a graduate of UCONN's Nancy Humphrey Political Institute Campaign School. Leianna will be working 10-15 hours per week starting July 23<sup>rd</sup> through Election Day.

NASW/CT and CT PACE have adopted an organizing model that has proven most effective in advancing the Chapter's political agendas. Direct involvement by NASW members in campaigns is one of the most effective ways we have to build political power and influence. With the enormously important 2018 election just months away, the Chapter will endeavor to involve at least 5% of our membership in direct volunteer work for endorsed candidates. Additionally, we will work toward raising \$2,000 in donations for CT PACE to cover the costs of our electoral work. Donations can be accepted in check or cash, with checks made out to CT PACE and sent to the Chapter office.

As CT PACE endorses candidates, Leianna and the CT PACE Trustees will be contacting members to assist us in electing candidates who are pro-social work and progressive on our key issues. We will be assisting members to get connected with campaigns, we may run our own phone banks on behalf of candidates, and we will be reminding members to get out and vote.

If you want to work for a CT PACE endorsed candidate please email Steve Karp at <a href="mailto:skarp.naswct@socialworkers.org">skarp.naswct@socialworkers.org</a> and we will connect you up to a campaign as soon as endorsements are made.



## **Too Many Social Workers Aren't Social Themselves!**

NASW/CT has a new initiative; to get social workers to work a little less and socialize a little more. Burnout and compassion fatigue are not just the result of the job, they are also partly due to not taking the time to take really good care of ourselves. So when UConn asked us to help them and help ourselves at the same time by inviting our members to their football games, we jumped at the chance. What could be better for us than a day out in the fresh air, making some new friends, and cheering on our beloved Huskies? And for a really great price!







#### As an NASW Member you:

- Get a special discount on group seats to the UCONN vs. UMASS homecoming game on October 27, 2018
- Will have exclusive seats in section 132, behind the scoreboard, if you purchase through the NASW!
- Get to go to the homecoming game that will be held at the Pratt & Whitney Stadium on Rentschler Field
- Pay only \$20.00 for tickets

This is a members only event because we wanted an opportunity for our members to have a chance to connect with each other outside of the standard conference or training at a non-work related event and to have some much-needed fun. If this takes off, we'll get more tickets for more games and maybe even do a little tailgating, so help us get this going!

Registrations will be open on our website on September 1st, so keep an eye out for it!







## WORKING WITH THE POST 9/11 VETERAN: WHAT A CIVILIAN SOCIAL WORKER NEEDS TO KNOW

Many social workers feel they do not have the tools to work with veterans. This workshop will help you better understand military culture and the unique needs of veterans, allowing you to explore how you can apply your current knowledge base to work effectively with this population.

#### Friday, August 24, 2018, 9:00 to 11:30

Registration and coffee from 9:00 to 9:30. Program begins promptly at 9:30.

WCSU Midtown Campus, White Hall, Room 127, 181 White Street, , Danbury, CT 06810 (parking in garage on 5th Avenue near White Street)

#### Presented by Sharon Young, PhD, LCSW

Sharon Young is an associate professor of social work at Western Connecticut State University and a NASW member. She has presented and published research on the adjustment of veterans to college and teaching military social work. As a former Embedded Clinician in the Connecticut National Guard and faculty advisor to the student veteran group on campus, Sharon integrates her knowledge of military culture, research, and practice.

Approved for 2 CECs by NASW/CT and meets the Veterans Services requirement for licensure renewal.

Cost: \$10 Student \$35 NASW Members \$60 Non-Members
Co-sponsored by the Social Work Department at WCSU and NASW/CT
Register online at www.naswct.org or call 860-257-8066 for more information.
Certain proceeds will go to the Student Veteran Organization
at Western Connecticut State University.



Maris Dillman

## **Welcome to Our New Members!**

Courtenay Allyn Erin Egan Michelle Marano Madison Sparago Courtney Engel Charlotte Bareiss Carlos Marrero Jessica St. Louis Jillian Beale Ashley Francis Alexandra McKnight Tammy Stocking Kimberly Gagnon Courtney Bergin Elizabeth McMullan Jaquelyn Taylor Meredith Brennan LiMattie Garcia Megan Myers Airess Walker Chelsea Breux Nikki Gilgosky Dev Patel Amy Warzecha Michael Burke Julia Joachim Claudine Pettigrew Melanie White Astrid Calderon Padilla Michal Klau-Stevens Kristen Willets Cristina Raymond Randi Cannon Christian Klein Catherine Reckmeyer Nadine Williams Catherine Conway Robin Kraemer **Bunny Rodriguez** Karl Wilson Mary Ellen Crawford Gabriela Krainer Kristen Schechter Roxanne Wilson Sara Schmidt Marisol Cruz Erica Kvne Michelle DeGennaro Samantha Lew Janine Scotti

## **NASW Board of Directors Elected**

We are pleased to announce that the following members have been elected to the NASW/CT Board of Directors:

First Vice President
MSW Student Representative
BSW Student Representative
Member At Large

Member At Large Region 3 Representative

Steven Mahoney

Jennifer Bennett, LMSW

Samantha Smalls

Brenda Bryant Priscilla Leon

Nancy Hubbard, LCSW Cheryl Wilson, LCSW

In addition Rosaline Brown, LCSW has been appointed to the position of Member At Large, filling a vacant position.

We are pleased to announce that the following members have been elected to represent the Chapter at the 2020 Delegate Assembly:

Antonia Cordero, DSW, ACSW, LCSW Kurt Fuchs, LCSW Stephen Tomczak, Ph.D., LMSW

Michael Marshall, LMSW has been elected as the alternate delegate to Delegate Assembly. The Chapter's president in 2020 will be the final delegate.

We thank all of the candidates who allowed us to put their name forward for election. We also thank the chapter members who took the time to vote in this year's election. Our turnout rate was the highest it has been in over 10 years.





NASW National has launched MyNASW, a private members-only online community! All current active members have been invited to accept the MyNASW terms and conditions, log-in, and begin using the site to connect with other members.

Post questions. Participate in discussions specific to your specialty or practice setting. Share your insights. Find like-minded members who share your passions. Connect and collaborate with colleagues via the members-only directory. Be included in the latest discussions, seek advice. Check out the resource library where you can upload and browse documents and digital resources.

**First**, review your NASW member profile to make sure your professional practice information is accurate at **socialworkers.org/membercenter** *You control your profile. To begin, only your name, chapter and practice area are visible to any other member. You can easily allow members to see more or less about you.* 

**Then,** Login with your NASW username and password – the same log-in you use for the NASW website <a href="https://www.socialworkers.org">www.socialworkers.org</a>

You receive an email when members post messages in the community. To begin, you are subscribed to a daily digest - one email each morning with all of the previous day's posts. You can change your subscription to real time (to receive an email every time there's a new post), weekly digest, or no emails (you won't receive emails from the community but you can still view discussions online).

Network with colleagues and search for your friends in the <u>Member Directory</u>, and send them a contact request. Search for <u>resources</u> from NASW or from other members – and add resources you think are helpful.

Review FAQ's here to learn the basics.

**Questions?** Contact NASW Member Services at <a href="membership@socialworkers.org">membership@socialworkers.org</a> or 800-742-4089 Monday to Friday 9 am – 9 pm ET.





## **Managing Your Private Practice**

## For Social Workers Looking to Start or Enhance a Private Practice

Saturday, November 3, 2018 9 to 12:30 (Registration and Coffee from 9 to 9:30) Village at East Farms, 180 Scott Road, Waterbury 06705

Presented by Patricia Carl-Stannard, LCSW and Ginna Swan, Founder and CEO of Med-Direct, LLC

Are you considering going into private practice? Are you looking to improve the business functions of your current practice? This workshop will address the questions you might have at this juncture in your professional career including setting up a practice, getting paneled, maintaining good records, the "business" of billing, and developing both a clinical plan and a business plan. Learn about claim forms and billing, communicating with insurance companies, and balancing the therapy side of your business with the revenue side. A Q & A session will follow the presentation.

Patricia Carl-Stannard, LCSW, ACSW has over 20 years of private practice experience and Ginna Swan, medical claims specialist, opened Med-Direct LLC in Cromwell over 20 years ago after working for 11 years in a private mental health practice.

Fee includes morning coffee and tea, handouts, and a CEC Certificate \$50 for NASW Members \$80 for Not Yet Members Approved for 3 CECs by NASW/CT

Registration to open 9/1/18 via our website



## **Contact Information**

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Rocky Hill, CT 06067

(860) 257-8066

Fax: (860) 257-8074

naswct.naswct@socialworkers.org

Change Membership Data

National Office, DC 800-742-4089\*

\*Members can make changes online www.socialworkers.org

NASW Assurance Services 855-385-2160

LCSW Exam Application—Department of Health 800-509-7603

**Ethical Questions** 

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Continuing Education Information

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Nicole LePore, NASW/CT Bookkeeper 860-257-8066 x203

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