

January 2023 LIVE Webinars

American Education, Race, and the Law

Thursday, January 5th, 2023, 5:30pm to 7:30pm ET

Presenter: Jeremy Chan-Kraushar, M.Ed, MPA, JD

NASW-CT Members: \$21 ~ NASW Other Chapter Member: \$41 ~ Non-Members: \$51

Workshop Description

In order to meet the cultural humility requirements for the social work profession it is essential that practitioners understand how oppression is perpetuated through various systems in the United States. In this session, the instructor will describe the basics about the intersections of American public education, race, and ways the legal system has sustained inequity. Through interactive activities and checks for understanding, participants will build their awareness on the ways individuals and institutions perpetuate unequal educational environments for marginalized students, and how movements for equity have transformed over time. By the end of the session, participants will forge connections between public education, race, and the law and sharpen their ability to infuse historical context into their practice.

Learning Objectives

After the completion of this webinar, participants will be able to:

- *Describe the history of (racialized) public education*
- *Explain how the legal system of the US has supported unequal educational outcomes based on determinations of race*
- *Describe connections between public education, race, and the law*
- *Apply historical context of public education, race, and the law into practice*

This workshop is approved by NASW-CT for 1.5 continuing education credit hours.

[Click here to register.](#)

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## **Recognizing and Responding to Violent Extremism**

Tuesday, January 10th, 2023, 5:30pm to 7:00pm ET

Presenter: Ashley Henderson, MSW

NASW-CT Members: \$16 ~ NASW Other Chapter Member: \$31 ~ Non-Members: \$38

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**Workshop Description**

America has seen a growing amount of extremist and hate-based violence in the last several years. Many individuals mobilized to such violence show warning signs to those around them long before they act. This course is designed to teach mental health and social work practitioners how to identify the warning signs and indicators of violent extremism. Participants will learn about current research on intervention techniques to demobilize clients from violence. The instructor will also cover information about New York’s Red Flag Laws and how to use Extreme Risk Protection Orders.

**Learning Objectives**

After the completion of this webinar, participants will be able to:

- *Define violent extremism*
- *Identify the risk factors of violent extremism*
- *Identify the warning signs of mobilization to violence*
- *Describe the differences between deradicalizing and demobilizing*
- *Describe research-based interventions to demobilize clients from violence*

**This workshop is approved by NASW-CT for 1.5 continuing education credit hours.**

[Click here to register.](#)

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Embarking on an Anti-Racist Journey as an Organization

Wednesday, January 11th, 2023, 10:00am to 11:30am ET

Presenter: Lyrica Fils-Aime, LCSW-R, RPT-S

NASW-CT Members: \$16 ~ NASW Other Chapter Member: \$31 ~ Non-Members: \$38

Workshop Description

For the first time in decades, a large number of organizations have made a commitment to addressing racism in their practices. The instructor will address the following questions: What are the phases to becoming an anti-racist multicultural transformed institution? What areas of your organization need to be addressed and how will you get there? What are strategies for doing and maintaining this, even when those at the top and those on your team are not yet on board? The instructor will describe how Anti-Blackness and the Model Minority Myth show up in institutions and outline the activities that are actually promoting belonging. This workshop offers a leadership and administrative focus but will appeal to anyone who is interested in moving their organization in the direction of anti-oppression work.

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Learning Objectives

After the completion of this webinar, participants will be able to:

- *Assess where their organizations lie in the continuum of becoming an anti-racist institution*
- *Evaluate the activities of an organization as it relates to belonging and inclusion*
- *Analyze their own leadership and behaviors to align with anti-oppression*
- *Describe their complicity in the oppression of an institution.*

This workshop is approved by NASW-CT for 1.5 continuing education credit hours.

[Click here to register.](#)

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**The Heart of Mindfulness Practice:  
Compassion and Self-Compassion in Clinical Practice**

Wednesday, January 18, 2023, 9:00am to 4:00pm ET

Presenter: Lucia McBee, LCSW, MPH, CYI

NASW-CT Members: \$61 ~ NASW Other Chapter Member: \$121 ~ Non-Members: \$151

**Workshop Description**

Mindfulness practices are generally accepted by clinicians and clients, with robust empirical evidence to support their efficacy. Learning and teaching these skills empowers clients as they learn to manage their stress and pain; and also helps prevent burnout for clinicians. The most recognized definitions of mindfulness include “paying attention” or “being in the moment”, yet for those attempting this practice, this can be challenging. Adding kindness and self-compassion can prevent mindfulness from becoming another opportunity to judge or criticize. Traditional mindfulness practice includes the “two wings of a bird”- awareness and compassion. Increasing evidence shows that practices of compassion and self-compassion are linked to benefits including higher resilience; positive health behaviors; lower levels of anxiety and depression; better emotional control and the ability to self-soothe. In this didactic and experiential workshop, we will explore practices that implicitly and explicitly include both awareness and compassion; and discover applications in a wide variety of clinical settings.

**Learning Objectives**

After the completion of this webinar, participants will be able to:

- *Create a self-compassion practice for themselves and their clients*
- *Describe the importance of compassion in a mindfulness practice*
- *Explain the theory and research behind self-compassion*

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- *Describe and determine appropriate adaptations of mindful compassion practices for individual populations and settings*

**This workshop is approved by NASW-CT for 6.0 continuing education credit hours.**

[Click here to register.](#)

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## **The Impact of Mental Health Challenges on Social Work Field Education**

Monday, January 30th, 2023, 12:00 pm to 1:00 pm EST

Presenter: Dr. Katharine Dill, PhD, LMSW

NASW-CT Members: \$11 ~ NASW Other Chapter Member: \$21 ~ Non-Members: \$26

### **Workshop Description**

Field supervisors require support, education, and training but need access to such materials in ‘bite size’ segments. Marist College Social Work Field Education Program has developed a ‘Virtual Lunch and Learn Series where you can join in and learn about the various fundamental aspects of field education and supervision. These 60-minute sessions are engaging, and informative, and seek to transform your thinking about the various aspects of field supervision.

This webinar presentation and discussion will explore the existing literature on student mental health challenges in social work and field education. Themes to be discussed in this presentation are: 1) the prevalence of social work students with mental health concerns; 2) social work students’ attitudes toward others with mental illness; 3) faculty and field supervisory response to these issues, and 4) strategies for supporting students and field supervisors.

The presenters will use real world cases to discuss the complex terrain of this subject matter. We hope you will join this one-hour discussion where you will feel part of a community of field supervisors and social work faculty seeking support and offering wisdom to one another.

### **Learning Objectives**

After the completion of this webinar, participants will be able to:

- *Describe the prevalence of social work students with mental health concerns*
- *Explain how social work students’ attitudes toward others with mental illness impacts on their own learning and professional development*
- *Describe the complex issues to consider when dealing with mental health challenges in the context of field education, including a focus on gatekeeping, disability rights, and the crucial role of the field supervisor, and field liaison.*

**This workshop is approved by NASW-CT for 1.0 continuing education credit hours.**

[Click here to register.](#)