

## December Trainings

December 3 – **Live Webinar** - 9:00AM - 12:00PM

### **Expressive Arts Therapy: An Introduction to Intermodal Processing**

Expressive Arts Therapies is an evidence-based discipline of helping and healing that uses the arts as the basis for discovery and change. All five fields of the arts: visual, dance/movement, music, drama/theater, and writing/poetry, can offer health benefits for the mind, body, and spirit.

Dr. Mathew is an expressive arts educator, therapist, advocate, and intermodal artist. Her area of interest & specialization is the use of the expressive arts as a multi-sensory processing tool for self-expansion, problem, solving and personal growth. Attendees will be introduced to the 5 modalities of the expressive with strategies to implement within their scope of practice.

**\*PLEASE NOTE: Since this session involves active engagement with expressive exercises, attendees are requested to be on-camera for maximum benefit.**

**NASW-CT Members: \$31 | Other Chapter Member: \$61 | Non-Members: \$76**

*Approved for 3.0 CE Credits*

CT Program Information &

Registration: <https://naswnys.org/civcrm/event/info/?reset=1&id=590>

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December 8 – **Live Webinar** - 5:30PM - 7:00PM

### **Introduction to Critical Dis/Ability**

It is imperative for social workers to engage in conversations and trainings focused on dis/ability. The area of disability includes physical, mental, or developmental differences that often intersect with other identities, and impact multiple areas of peoples' lives. For example in NYC, 25% of subway stations are accessible, Black and brown students are disproportionately labeled as "emotionally disturbed" on IEPs compared to white students, and only 35 percent of working-age people with dis/abilities were employed, compared with 74% of those without dis/abilities. The presenter for this training will address key questions around dis/ability, such as: What does accessible really mean and who defines it; How does our understanding of race, gender, and class influence our understanding of ability; How do we understand power and powerlessness in the context of societal norms? Using the tenets of critical dis/ability theory and the dis/ability justice framework, this workshop will describe dis/abilities, explore misconceptions about dis/ability, interrogate personal biases and co-create standards for more inclusive spaces and practices.

**NASW-CT Members: \$16 | Other Chapter Member: \$31 | Non-Members: \$38**

*Approved for 1.5 CE Credits*

CT Program Information & Registration:

<https://naswnys.org/civcrm/event/info/?reset=1&id=591>

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Friday, December 9th – **Live Webinar** - 9:00AM - 11:30AM

**Professional Social Work Ethical Boundaries and Risk Management Strategies**

This workshop will focus on boundary issues, dual relationships in social work practice. Specific focus will be placed on the patterns of boundary issues, the progression of boundary violations, the consequences for clients when boundary violations occur, and risk management strategies to prevent boundary violations, particularly for those who live and work in rural communities. Specific standards from the NASW Code of Ethics will be identified and discussed. Through small group discussion and activities, participants will have the opportunity to unravel the nuances associated with boundary violations. Multiple examples of dilemmas regarding boundary issues, and the complexity of electronic communication. Video vignettes will be provided for discussion in breakout rooms.

**NASW-CT Members: \$26 | Other Chapter Member: \$51 | Non-Members: \$63**  
*Approved for 2.5 CE Credits*

CT Program Information & Registration:

<https://naswnys.org/civcrm/event/info/?reset=1&id=576>

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December 14 – **Live Webinar** - 12:00PM - 1:30PM

**Supporting Latinx and Hispanic Clients: Understanding and Addressing Cultural Considerations in Mental Health Settings**

No culture is a monolith, therefore, understanding the multitude of differences and nuances that exist within your client's culture, especially if it differs from your own, is critical to offering clients culturally-focused care. Similarly, having clinicians that reflect the population they serve and who are part of that community is critical. This session will focus on that crucial component of culturally-focused care by addressing ways clinicians can best support Latinx clients, particularly women, in their community. This session will also address what it means to be a part of community, and how culture can be expressed, specifically within Latinx and Hispanic populations. Additionally, there will be a focus on addressing power dynamics that exist within clinical settings, and how they can be addressed. This training adds a much-needed dimension to providing mental healthcare to Latinx, Hispanic women and building inclusive spaces for their experiences.

**NASW-CT Members: \$16 | Other Chapter Member: \$31 | Non-Members: \$38**  
*Approved for 1.5 CE Credits*

CT Program Information & Registration:

<https://naswnys.org/civcrm/event/info/?reset=1&id=592>